

Endodontic Treatment Post Op Instructions.

You have just received endodontic (root canal) treatment. These instructions have been prepared so you can have information readily available when question arise regarding this dental care. It is strongly recommended that you read this information sheet and keep it handy to answer question that may occur following your endodontic treatment appointments.

PAIN. You should expect to experience mild to moderate discomfort following your endodontic appointment. This procedure involves more than just the individual tooth treated. You should expect some soreness of the gum tissue and the area where the anesthetic shot was delivered. If you have no contraindications (allergy, medication interaction upset stomach, etc.). We recommend to take:

600mg of Ibuprofen (Motrin, Advil) every 8 hrs. for three day or as needed for pain.

Or

500mg or Acetaminophen (Tylenol Extra Strength) every 6 hrs. for three days or as needed it for pain.

Whatever pain medication you choose, we recommend you to take one dose before the numbness of the anesthetic wears off. Your comfort is our concern and if the above medications do not control your pain please notifies the offices immediately.

**The tooth normally will be tender to biting for a several days.*

SWELLING and/or **FEVER** are **NOT** normal after endodontic treatment. If you experience facial swelling or fever please contact us. If you experience any difficulty swallowing or breathing seek emergency care immediately as this could be life threatening!!

Helpful Suggestions:

On the day of the appointment rinse frequently with warn salt water (1 tablespoon in 8oz of warm water)

You can eat and drink as you would normally. We recommend you eat or the opposite side of your mouth until your root canal treated tooth has its final restoration (crown) placed.

Do not take any medication on an empty stomach unless specifically directed. An upset stomach and/or vomiting are a common side effect of many medications taken on an empty stomach.

If you have any question or concerns about your treatment please give us a call.